

Bean-Rally



Legume-Hopper: An exciting journey through the world of beans!

| What can the bean absorb from the air with the help of soil organisms? | Which legume do you recognise on the logo of The Global Bean Project? |
|--|--|
| a. Oxygen b. Water c. Nitrogen | |
| With which organisms do legumes | Name three pulses: |
| have a symbiotic relationship? | |
| A | |
| (V/W) | |
| Why are pulses so healthy? a. they contain a lot of fibre b. they contain a lot of fat c. they contain a lot of protein | Which famous footballer, who comes from a region known for growing pulses, has been particularly committed to social projects and disadvantaged communities? |
| s | a. Toni Kroos, Germany b. Sadio Mané, Senegal c. Harry Kane, England |



Which athlete relies primarily on plant-based proteins in their diet?

- a. Lionel Messi (Football)
- **b.** Serge Gnabry (Football)
- c. Serena Williams (Tennis)



Which lentils soften particularly quickly when cooked?

What percentage of the world's arable land is planted with chickpeas?

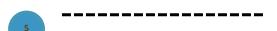
- **a.** 0.2%
- **b.** 0,9%
 - **c.** 2%

Not every nut is a nut!
Botanically speaking, which nut is a legume?





Where in the world is there a Global Field that is also a Global Bean Show Garden?



How much lower is the carbon footprint of my burger if I choose a pea patty as a topping instead of a meat patty?

- **a.** at least 4 times less
 - **b.** 3 times less
- c. it remains the same

l beans

Which dish is made from pulses?

- a. Spaghetti with mushroom sauce
 - **b.** Lentil salad
 - **c.** Hummus



Where do European field beans come from?

The answers can be found there:



On the field



At a booth



At a lecture or a workshop

